

Month 2-4

We are back! Due to various factors like illness and a hugely under estimated DIY project were on an EC low burner for a few weeks.

During the Easter holidays we started back up and while on a mini break to a sunnier place we hit it off.

After having only had the time and inclination to follow up on “pottyunities” at wakenings and bathtime it almost felt like starting from fresh.

My son had not been a huge fan of the frog hold and did not like sitting on a plastic potty, but suddenly all has changed. Perhaps in line with the 3rd & 4th wonder week leaps? I wonder if things like recognising his own reflection in the mirror and starting to be able to follow and recognise short sequences of events has helped? I think so.

R is now 18 weeks old and is such a happy little soul. We rely on routine and back ups at home, but have not yet moved on to trying anything away from home. Although I have secretly put a potty in the boot of the car so mentally I must not be far off.

I am exclusively breastfeeding him and have noticed that recently he will only do a poop every few days. Sometimes every other day and sometimes every few 3 or 4 days. Is this normal? Google says yes. It does make catching the poop easier though as there is a big change in his facial expressions when they do come.

Our best effort to date was one whole dry day except 1 miss while shoe shopping for his 4 year old sister. The stress of deciding on trainers almost made me forget I had brought him in the first place. I can't wait for spring & summer and noth have to bother with coats hats etc. Warm weather makes everything easier.

Our worst day to date was on the flight home, I was nursing him through take off and in a monumental pressure equaliser he blew out his nappy to the point I had to bin his entire outfit in the airplane bathroom. There was literally poop everywhere. Luckily I had a change of outfit for him in my handbag but my own shirt was covered for the duration of the flight. The poor lady sitting next to me must have been dying inside.

According to the wonder weeks system we have a few calm weeks ahead, although, I intend to move to baby led weaning soon, and it looks like the 1st tooth is brewing so that's likely to be a game changer!

Until next time,

All the best,

Caroline x